In the Pursuit of Liberty

The more time an individual makes for examining introspective thought. Helps one gain a deeper perspective upon life's unresolved problems. A shift in the way one engages with the darker aspects of human nature. With the intention of integrating shadow aspects into the course of everyday life. To acquire a greater sense of clarity, with regard to corrosive patterns of thought. Yet insights of this nature won't occur, unless an individual is open to change. As a shift of perspective requires a firm commitment on behalf of the individual. For unless the mind is open to new experiences. One will struggle to break free of fear-based programming. Designed to keep one from awakening from a limited perspective. So long as the majority of people choose to remain within a certain bandwidth. The growth of an individual is likely to remain within society's predefined limits.

Should an individual decide to break from society's conventional beliefs, for the sake of expanding the mind. While it may prove to be a difficult experience. To deny oneself the opportunity to attain a deeper understanding of life's mysteries. Results in a life that's devoid of a genuine sense of curiosity. Basically, a stagnant existence in which an individual lives much like a leaf that's tossed by the wind. The absence of a definitive goal, undermining one's attempts to follow through. Yet, a path towards a life that's grounded in a sense of purpose. Does exist, should an individual choose to pursue it. All that stands between the life one desires, and the life one has chosen to settle for. Stems from a decision to part ways from the demanding expectations of others. So, one can act upon intuitive whispers to exit a life that no longer holds a genuine sense of meaning. To start life over, with a focus toward building a firm foundation.

A decision that will likely prove difficult. Yet proves to be a crucial first step. The longer an individual delays the decision to act. Increases the chances of clinging to

a way of life one has outgrown. Which makes it all the more difficult to break free of mental shackles. Unless the desire for a new life outweighs the comfort of clinging to the past. It's unlikely that change will occur. As the motivation to start over is not enough of a decisive factor. Unless the discomfort of change outweighs the comfort of remaining stagnant. One's motivation to change will not be strong enough to inspire action. This in turn keeps an individual from achieving their full potential. Only contributing to a sense of anxiety, that serves to keep one stuck. The underlying fear that accompanies one's decision to part ways with society. To pursue an ideal that's more aligned with personal beliefs. Is a decision that can literally transform one's life.